

FOR IMMEDIATE RELEASE

Journey of a Celiac's Soul Book Reveals that Religion and Immune Disease Collide in Most Unusual Ways

January 7, 2022 – Author and Eucharistic Minister at Our Lady of Charity Parish, Margaret Mary O'Connor, takes on the Catholic Church one more time with her newest book, ***Journey of a Celiac's Soul***.

Margaret Mary was diagnosed in February of 1986 with Celiac Disease. She quickly discovered what it felt like to be a stranger in someone else's kitchen surrounded by food she could never consume again. Little did she know she would also experience this with the Church and her own immediate family.

The grain of wheat had taken up residence on the altar table in the Communion host. Sitting in a Church pew now, she felt like a stranger in a different Church.

Her most current book, ***Journey of a Celiac's Soul***, uncovers your Church's absence on accommodating untold numbers of Catholics own access to Eucharist. They are left to decide between reception of Communion or their own health.

There are no words appropriate to explain initiation into this procedure.

Previously, access to Eucharist was driven exclusively by Celiac Disease, until the new low-gluten host emerged. The hierarchy assumed this issue was resolved, hardly for those Catholics having adverse reactions upon ingesting this host.

While Celiac Disease continues to be a vehicle driving the issue of availability of Eucharist, it is being replaced with a newer vehicle being driven by the ever present shortage of Catholic Priests which will affect any Catholic's loss of access to Eucharist today!

Journey of a Celiac's Soul, unravels the sad truth of those Catholics, yearning to receive the Bread of Life but instead are nourished by the Bread of Church Law.

Quiet and humble by nature, the author has made it her mission to reveal the truth of Your Catholic Church. After being told there was nothing that could be done about not only her situation, but that of many other Catholics, Ms. O'Connor reveals the unwillingness of Church officials to make much needed changes.

“Worship minus actual participation, what a unique idea! For the 2 billion members of the Catholic Church, how free is our worship, if we cannot partake of the most central part of our worship?, " O'Connor prods.

About the book

Journey of a Celiac's Soul is a hands-on book that is your ticket to embark on your own Journey of your Soul! What other presences of possibilities and new beginnings await you? Let this book truly ride both your new dialogue and involvement in the relevancy of your own ability to participate in Eucharist.

Previously, access to Eucharist was driven exclusively by the vehicle of Celiac Disease, until the new low-gluten host emerged. The hierarchy then assumed that the issue concerning the wheaten host was resolved. Hardly, for those Catholics who had a reaction to ingesting this host. Their access to Eucharist continues to remain an unresolved issue. Celiac disease, an autoimmune disease had come into my life, meaning any foods containing wheat, rye, or barley, could not be eaten.

The ramifications of any medical life threatening diagnosis can certainly be life altering to say the least. When I was diagnosed with Celiac disease, my doctor told me, "in six months I would have been six feet down in the ground" which certainly was a sobering thought. Celiac disease, not only affected my body but as well, had taken up residence on the Church Altar Table, in the Communion host. At that moment of realization, the startling fact that I would no longer be able to receive Communion surfaced, for the Church Law stipulated that wheat must be present in the host.

Covid -19, literally caused any Catholic to get a sense of what your faith life would be like, week after week, month after month, with your own loss of access to Communion. The Catholic Church is a Sacramental Church, in which our individual lives are intertwined in our actual participation in this sacrament. This is the reality which should embody the very heart and soul of this sacrament for us all.

Journey of a Celiac's Soul is available on Amazon. ISBN-13: 979-8484194346

About Margaret Mary O'Connor

Author and Podcast Guest, Margaret Mary O'Connor has been called, "The Modern Day David" on many occasions. On a mission to reveal carefully guarded secrets of the Catholic Church, she unveils the truth through her well-researched writings.

Author of *Scandal in the Shadows* and *Journey of a Celiac's Soul*, Margaret Mary is a force to be reckoned with.

With a Bachelor of Science Degree in Physical Education from the University of Buffalo, and a Master of Arts in Pastoral Ministry, from Christ the King Seminary, in East Aurora, NY. Margaret is a former Chaplain and currently is a Eucharistic Minister at Our Lady of Charity Parish in Buffalo, NY.

She literally walks the walk, on picket lines to help keep the issues of Women's Ordination and Church Accountability on the Priest Sexual Abuse Issue, at the forefront of any Catholic's attention. As a fellow member of the Laity, she believes any Catholic deserves at minimum at least the truth from Rome, as opposed to the continual outright deception they are receiving. She also is a member of Call to Action, Future Church, Roman Catholic Women Priests, Women's Ordination Conference and SNAP (Survivors Network of those Abused by Priests), Buffalo Central Terminal, Preservation Buffalo Niagara, and Western New York Land Conservancy. Margaret Mary is the recipient of the Special Award for Achievement from the Dale Carnegie Public Speaking Course. She also enjoys gardening, Pilates and reading mystery books.

Her latest endeavor is being a voice for those who suffer in silence, choosing to partake in the Eucharist to show their devotion to the Church over their own health.

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Book Cover and Headshot located on website media page:
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